Iranica

Shemiran, a spectacular region in northern Tehran



Ahar village



Shekrab waterfall



Iranica Desk

Most people travel to Tehran for business and commercial purposes, thus they return to their hometown after a few days. However, it is recommended that if you are planning to make a trip to Tehran, find free time to enjoy nature tourism in Shemiran.

Also known as Shemiranat, Shemiran is a region in the northern part of Tehran, on the slopes of Alborz Mountains. Due to its green environment and mild weather, the area is spectacular in the spring.

According to IRNA, Shemiran can be regarded as the tourism pole of Tehran Province. Its soaring mountains, cherry orchards, old palaces, museums and green villages dazzle the eyes of every viewer. Many Tehrani people go to Shemiran both in the winter, which is the season of skiing and ice climbing, and in the spring, when its beautiful nature, pleasant weather and amazing landscapes can refresh their spirit.

If you're getting ready to hike, bike, or explore other outdoor activities, take a short trip to Shemiran and enjoy it.

Ahar

Ahar is a village in the Rudbar-e Qasran district, about two hours away from the northeastern part of Shemiran. With its pleasant weather, Ahar village is regarded as a popular tourist destination, especially among those interested in rural tourism.

The old section of the village, its long and narrow alleys, along with its natural, historical and religious sites including Shekrab waterfall, Chehel Peleh waterfall, Sichal Mountain and the holy tomb of Imamzadeh Taher host a large number of visitors throughout the year.

Due to its appropriate climate and abundant water resources, the agricultural and horticultural sectors of Ahar, the largest village of Rudbar-e Qasran district, are flourishing.

The roaring rivers flowing

been built in the area. The area is being developed into a countryside residential area, and the local government has built roads which can facilitate the travels of the villa owners.

Having a mountainous climate, Meygun has various attractions including an ice-climbing school and a recreation center called Sepid Kamar Chal.

If you live in greater Tehran and are wondering where to go this weekend, or just want to get away from your busy life for few days and spend a happy time with your friends and family, make a short trip to Meygun. There are plenty of nice restaurants on the way where you can treat yourself to a nice meal, or you can bring a barbecue grill and prepare your meal in this beautiful mountainous area. Various types of dairy products and fruits are the main souvenirs of Meygun village.

Lavasan

Lavasan, a town in Shemiranat, with an area of 70 square kilometers, is packed with beautiful mountain views, scenic country roads, clean air and jaw-dropping luxurious houses. It is divided into three sections.

The name 'Lavasan' is from Middle Persian (Pahlavi), which means the blade of the mountain where the sun rises. It refers to Mount Damavand that is located in the middle of the Alborz Mountain range, east of Lavasan. In addition to several shopping centers and parks, located on a beautiful riverbank near Latyan Dam, Lavasan has a large number of religious, natural, historical sites including the tomb of Imamzadeh Ismaeil, Varjin Protected Area, Lar River, Barg-e Jahan Waterfall, Vaziri Cave Museum and an ancient hill.

Afjeh

Afjeh, a village located one hour away from Shemiran, has a large number of springs and agricultural lands.

Most rural people were involved in planting wheat and summer crons and livestock



Lavasan wikimedia.org



vaziri Cave Muse



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Meygun wikipedia.org



Sepid Kamar Chal Recreation Center

around the village provide water to rural people. Shekarab River, with a length of 15 kilometers, is the most famous river of Ahar village.

Meygun

Meygun is another village which is one hour away from the northeastern part of Shemiran.

Due to its proximity to the mountains of northern Tehran, its weather is mild and pleasant. A clear river, high mountains, and green trees have made this spot a favorite among visitors. The average annual temperature in Meygun is 13°C.

In fact, Meygun with its pristine environment and pleasant weather, is one of the best destinations for nature lovers.

Due to the demand of Tehrani people for a weekend getaway, a number of villas have breeding until 50 years ago, when the first cherry seeds were cultivated in the village. Presently, the cherry crops of Afjeh are among the main fruits exported from Shemiran. Carrot Plain (Dasht-e Havij), Rahatabad Bathhouse, Mirza Agakhan Nouri Castle, an old caravanserai dating back to the Safavid era, a 400-yearold cedar, several mountaineering routes, and Paskoohak waterfall are among Afjeh's main attractions. Carrot Plain is one of the oldest resorts around Tehran; even the Safavid kings were hunting on this plain. You may ask, why is the region called 'Carrot Plain'? This is because carrots were planted all over the plain, which gave it an orange hue. Unfortunately, carrots are no longer planted on this plain, and our generation has lost this unique view.





