

Lorestan, land of roaring waterfalls



Bisheh waterfall
hipersia.com



Absefid waterfall
mapio.net



Nozhian waterfall
ALI DEGHAN/wikipedia.org

Iranica Desk

Ecotourism is a type of tourism that is characterized by nature-based activities, in which people travel to pristine areas. Waterfalls are nature's way of showing off, combining power and grace into one mesmerizing scene. Waterfalls, which are commonly formed in the upper course of a river where lakes flow into valleys, are among the most important tourist attractions in the world, chn.ir reported.

One of the most beautiful provinces of Iran, Lorestan is located in the western part of the country. There are more than 60 seasonal and permanent waterfalls in Lorestan Province; that is why it is known as "The Land of Waterfalls". The waterfalls create landscapes that your eyes will never tire of seeing. The existence of these beautiful and unique waterfalls, along with pleasant weather, has made Lorestan Province a land of four seasons and one of the main destinations for tourists, especially nature lovers, who can spend pleasant moments with their family and friends, especially in the spring and summer.

Bisheh waterfall

Bisheh waterfall in Dorud, one the most popular in the province, was registered on Iran's National Heritage List in 1998. It is 58 meters high and 20 meters wide. The railway route to this waterfall is spectacular. Suitable facilities have been created around the waterfall for tourists and travelers.

Absefid waterfall

In Absefid waterfall, 90km from Aligudarz, water mixes with air molecules

and collides with the surrounding rocks, which forms white bubbles. That is why it is called Absefid, meaning 'white water'.

Nozhian waterfall

Nozhian waterfall in Khorramabad, which is one of the highest in the country, draws a large number of visitors. The waterfall is located on the top of Taff Mountain, on which various types of medicinal herbs are growing. Many local people and tourists arrive in the area to collect the herbs and visit the beautiful landscape.

Chekan waterfall

Chekan waterfall, which is 30 meters high and four meters wide, is in the southwestern part of Aligudarz. The waterfall jumps out from inside a cave overlooking the agricultural fields of the region.

There is a vast area with a pleasant atmosphere around the waterfall which is known as one of the natural wonders of the province.

Vark waterfall

Vark waterfall, one of the most beautiful in the country, is located in the western part of Nozhian pass, southeast of Khorramabad. Originating above a stone rock, the waterfall is surrounded by oak, pear and hawthorn trees.

Afrineh waterfall

Afrineh waterfall is located along the Khorramabad-Poldokhtar road, next to a village with the same name. The beautiful waterfall attracts a large number of people in the spring and summer.



Chekan waterfall
argo-mag.com



Vark waterfall
iranasia.com



Afrineh waterfall
hotelbashce.com

Semnan Province has potential to become a tourist destination

Iranica Desk

Over 15 million pilgrims pass annually through the north-central province of Semnan to visit the holy shrine of Imam Reza (PBUH), the eighth Imam of Shia Muslims.

The transformation of the province from crossroads to a tourist destination is one of the main objectives of the local officials, IRNA wrote.

Regarding the abundance of the cultural, historical and natural heritage sites in the province, the target can be realized in the near future.

Extending in an area of 97,500km, Semnan Province is one of the largest in the country. It neighbors North Khorasan, Golestan and Mazandaran provinces from the north, South Khorasan and Isfahan provinces from the south, Khorasan Razavi Province from the east, and Tehran and Qom provinces from the west.

Between the Alborz Mountains and desert lands, Semnan Province benefits from geographical diversity. The southern part the land has a hot



Arg Gate
aftabnews.ir

and dry climate, while its central region has moderate weather, and its north-east is cold and dry.

You can visit forests in the north of the province and arid deserts in the south. The province has 2,016 kilometers of roads, two international airports, and an active railway track.

Over 1,800 historical, cultural and natural sites have been recognized in Semnan Province, 868 of which have been registered on Iran's National Heritage List.

The Grand Mosque and Arg Gate in Semnan, Bayazid Bastami Complex in Bastam, and Tarikhaneh Mosque and

Tappeh Hesar in Damghan are among the most popular historical heritages of the province.

The Grand Mosque of Semnan was built in the first Islamic century over the ruins of a Sassanid (226-651 CE) fire temple. The mosque was expanded during the Seljuk (1038-1118 CE), Ilkhanid (1256-1335) and Timurid (1370-1507) eras. The building has a courtyard, a large *ivan* (terrace), and three *shabestans* (underground spaces usually found in traditional mosques) in the north, south and east.

Abr and Rudbarak forests, Kavir National Park, Khar Turan National Park and Darband Cave are popular natural heritages of Semnan Province.

In Abr forest, one of the most extraordinary sights of Shahrud, the sky seems to approach the earth. It is one of the oldest forests in the world, dating back to the third geological period. It has been registered on Iran's National Heritage List. Semnan Province has 15 hotels, one hotel-apartment, five guest houses, 19 traditional accommodations, eight tourism complexes, and 94 ecolodges.



Grand Mosque of Semnan
kajaro.com



Tappeh Hesar
wikimedia.org