

Technology can benefit learning



Social Desk

Benefiting from technology in education can ease the troubleshooting of teaching methods. It can also offer both teachers and students quicker solutions to learning more effectively and mastering school subjects at a very fast pace since, currently, about 97% of teenagers and 66% of children are using mobile phones and tablets.

There have been several issues with traditional education that have led to many serious challenges that resulted in poor productivity of students at schools. In simple words, in today's technology-driven world, traditional education is not enough and does not pay off, IRNA reported. Technology in the educational

system means applying scientific knowledge to learning to improve the effectiveness and efficiency of teaching and learning through new technological methods.

The digital revolution has created a whole new world where billions of hours of content on just about any topic are available for anyone's use at any time. All that is needed is an internet connection which allows online learners not to be limited to scheduled semesters of online training programs, but they can now learn after work, or on the weekends as well. In short, it provides flexibility, and in today's busy world, we need it!

Lessons can begin and end within one online learning session, which allows students to roll out quicker and sooner, for students

who are looking to gain knowledge of the particular subject as fast as possible. Students don't have to keep the same pace as their peers; they can speed up the video if needed. It reduces or completely eliminates travel time, as students no longer need to commute to school or class. They can learn from the comfort of their homes.

Utilizing technology can overcome the low quality of education, which occurs in classes with a high number of students. Most of the time, as the number of students who are in class becomes greater, the teacher is unable to attend to each student, and thus the quality of education falls. This can cause many obstacles for both students and teachers. The quality of education should be the concern of

anyone who works in an educational system, because the lower the quality becomes, the more it demotivates students and may cause them to quit. Usually, students quit school when they lose motivation. And this discouragement and lack of motivation causes them to fail.

When students with disabilities are frustrated in learning or believe that due to their disabilities, are not capable of progressing and learning in a traditional educational setting, technology can help motivate them through a variety of technological tools. In today's world, where most people are looking for high-quality education while also having fun, it is no longer possible to educate students with traditional and outdated

methods.

The benefits of technology in learning are:

Faster access to information, a wider variety of learning materials, increasing the scope for distance learning, convenience in teaching methods, improving learners' communication skills in schools, making studying enjoyable, helping learners to acquire new skills and knowledge, keeping students updated with the latest technological advancements and making teaching easier and more productive, helping teachers to track students' performance and progress, limiting external distractions as much as possible, improving collaboration between students and teachers, personalizing learning experiences and gamification that motivate students.

A teenage boy who masters both music and sports



Mahdieh Qazvinian
Staff writer

Sports pertain to any form of physical activity or game, often competitive and organized. It is considered a social phenomenon that not only aims to use, maintain, or improve physical skills, but also provides enjoyment to participants and, in some cases, entertainment for spectators. Sporting competitions and tournaments can break down barriers. Sports provide a neutral environment where everyone follows the same rules and no one is judged according to their background. It allows friendships to form and prejudices to be over-

come. Sports are and will always be connected to art. It is an expression of the human spirit. It is human nature to be willing to compete and test one's limits. Ahoura Bigdeli is a teenager who has been able to master martial arts and, currently, has been showcasing his abilities through a variety of medals.

Ahoura was born on August 11, 2008. His father is a journalist and an athlete, and his mother is fond of reading books and loves Persian literature – a mother who encouraged her son to read books and memorize Rumi's poems, and a father who trained him to learn karate professionally. When he was seven years old, he won first place in a poem-reciting competition among Tehran schools; and when he was eight years old, he had the honor of memorizing and reciting Rumi's poems for seven continuous minutes in an international conference hall.

Ahoura started karate at the age of four and started learning kata professionally when he was nine. In the meantime, Ahoura won many karate

matches, and when he was 12, his mother motivated him to learn to play the piano. Ahoura is fond of listening to the sounds of birds and nature. His favorite bird is the cuckoo. "The combination of art and sports has been very effective in my life. When I play the piano, I feel so strong as if there is a magic power in my fingers and wrists," Ahoura Bigdeli said. "I have never gotten tired of playing the piano. I mentally revise the techniques of kata while playing the piano. One time I was imagining myself performing kata techniques while playing Franz Liszt's La Campanella, and that memory gives me a good feeling, like a sense of achievement in both piano and karate," Ahoura noted.

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I do karate to improve my health and strengthen my self-defense.

Karate is a philosophical sport. True karate is the positive training of both mind and body. Correct karate training raises the instinct of self-preservation. Martial artists are not necessarily violent and aggressive; on the contrary, they are patient and trained to control their temper.

Ahoura has won first place in piano in the Salam Cup National Festival, and second place among all schools in Tehran Province.

Ahoura won first place in the country's biology scientific competition by presenting an article on brain and nerves about people's memory and emotion.

Also, he won first place in the international mathematics competition called 'Kangaroo'.

NEWS IN BRIEF

Iran selects 'The Night Guardian' for 2024 Oscars



IRNA – Iran has chosen 'The Night Guardian,' directed by Reza Mirkarimi, as its official submission for the Best International Film category for the 96th Academy Awards.

'The Night Guardian' made its debut last year at the Fajr Film Festival, where it received significant attention by winning nine nominations and ultimately winning the Best Director Award.

The announcement regarding the selection was made by the Farabi Cinema Foundation, which had to make a tough decision among a pool of 42 eligible Iranian films. Eventually, a shortlist of 15 films was compiled and, from these, 'The Night Guardian' emerged as one of the top three contenders for the coveted Oscar submission, alongside 'Conjugal Visit,' directed by Omid Shams, and 'The Town,' directed by Ali Hazrati.

Written by Reza Mirkarimi and Mohammad Davoudi, 'The Night Guardian' narrates the life of a rural worker named Rasool. The film explores Rasool's challenges as he grapples with his trust in an engineer overseeing a construction project.

A shortlist of 15 films in the category will be announced on December 21. Final nominees will be announced on January 23, 2024, and the main Oscars event will take place on March 10, 2024.

Sacred Defense exhibition to open in Tehran

TASNIM – In celebration of Sacred Defense Week, the Cinema Museum of Iran will host an exhibition titled, 'Sacred Defense in Cinematic Frames,' featuring behind-the-scenes photographs from films centered on resistance and the 1980-1988 Iran-Iraq war.

The museum is organizing the exhibition, which runs from September 22 to September 29.

The exhibition showcases behind-the-scenes images from cinematic works, including 'A Boat to the Beach' directed by the late Rasoul Mollagholipour; 'Migrant'; 'Minoo Watch Tower'; and 'The Glass Agency,' directed by Ebrahim Hatamikia; and 'Kimia and the Devil,' directed by Ahmadreza Darvish.