

Soak up beauty of Chamkhaleh Beach in Gilan Province

Iranica Desk

Chamkhaleh is a neighborhood in the central district of Langarud which some consider to resemble European cities. It boasts numerous attractions for travelers and offers exciting entertainment options. This area, with its relatively pleasant climate, and diverse range of hotels and accommodations, is a popular choice for many tourists visiting the north. The best times to visit Chamkhaleh are spring and early autumn, although many visitors also come during the summer, kojaro.com wrote.

Chamkhaleh is located 30 kilometers from Lahijan, 15 kilometers from Rudsar, and approximately 360 kilometers from Tehran, a journey that takes around five hours.

Chamkhaleh is one of the main tourist destinations in northern Iran. Thanks to having one of the best beaches in Gilan Province — often compared to European beaches — it attracts thousands of tourists each year.

Most of the local population belongs to the Gilak and Kurdish ethnic groups, with Gilaki and Laki Kurdish being the primary languages spoken in the area.

The residents are mostly relatives and acquaintances who know each other; however, in recent years, due to villa constructions, many non-locals have also settled here. The economy of Chamkhaleh is primarily based on agriculture, fishing, and livestock farming, with products like rice and watermelon — one of the region's famous agricultural products — being cultivated extensively.

Like other coastal cities, Chamkhaleh offers a variety of accommodation options. Besides the hotels operating in the area, you can also create memorable experiences by renting a villa or an apartment.

Sightseeing places

Chamkhaleh Beach is renowned as one of the cleanest beaches along the Caspian Sea, offering excellent recreational facilities and a vast, sandy shoreline free of stones. The tranquil envi-

ronment and well-maintained facilities provide visitors with a relaxing and enjoyable experience. If you are interested in sports, you can engage in beach soccer or volleyball, both of which are popular activities here. For adventure enthusiasts and thrill-seekers, Chamkhaleh's beach offers a variety of exciting options, including horseback riding, boating, jet skiing, and other water sports.

The prime seasons for swimming are during the warm months, particularly spring and summer, when the sea waters are inviting and safe for a refreshing swim. During these times, visitors can create unforgettable memories.

For those interested in more adventurous activities, rent-a-quad bike services are also available, allowing visitors to explore the coastline and surrounding areas in a fun and exhilarating way.

Thanks to the stone pavilions that are dotted along the beach, visitors can take a break and relax while enjoying the spectacular view of the sea. Numerous cafes and restaurants are conveniently located nearby, serving as perfect spots to unwind, enjoy a snack or a full meal, and soak in the scenic beauty of the area.

The best time to visit Chamkhaleh depends largely on your travel goals and preferences. Generally, spring and early autumn are considered the most suitable seasons for visiting this coastal city. In spring, particularly from March to late May, the weather tends to be mild and pleasant; rainfall decreases significantly, and the natural surroundings are at their lushest and most vibrant. This season is ideal for leisurely strolls along the beach, visiting the nearby rice paddies, and exploring the scenic countryside and nearby attractions.

Summer, despite being the busiest tourist season due to the warm weather and lively atmosphere, can be less comfortable for some visitors because of the high heat and humidity. However, if swimming and seaside recreational activities are your priorities, July and August are excellent months to visit, as the water is warm and the activities are abundant.



Chamkhaleh Beach
● tehranpress.com

Early autumn offers a peaceful retreat with cooler temperatures and fewer tourists. During this period, visitors can enjoy serene beaches, beautiful autumn foliage, and a tranquil atmosphere perfect for nature walks and relaxing getaways. It's an excellent time for sightseeing and appreciating the natural beauty of Chamkhaleh's landscape.

Winter months tend to be cold and rainy, making the area less popular among tourists. However, those seeking quietness, solitude, and a peaceful coastal retreat may find charm in visiting during the winter season, enjoying the calm, empty beaches, and the picturesque, moody seascapes.

Flamingo Island

One of the most exciting tourist attractions in Chamkhaleh is Flamingo Island, also known as Arshia. Located along the Caspian Sea coast, this island offers a variety of water-related activities and accommodation options, making it an ideal destination for leisure and relaxation. Visitors can enjoy not only jet skiing but also boat riding, fishing, and exploring the beautiful natural surroundings. The island's scenic beauty and recreational facilities make it a popular spot for families, couples, and adventure enthusiasts alike.

Adobe Bridge of Langarud

The Adobe Bridge (Pol-e Khesh-ti) of Langarud stands as one of



Adobe Bridge of Langarud
● wikipedia.org



Kiyakalayah Wetland
● ehgardi.ir

the most prominent historical monuments in Langarud. This impressive brick and mortar bridge, characterized by its multiple arch spans, dates back to the Ilkhanid period. It historically served as a vital connector, linking the old neighborhoods of the city and facilitating trade and transportation. This elegant and symmetrical structure is now celebrated as a symbol of the region's rich architectural heritage and draws many visitors and photographers. The bridge's

dimensions allowed ships to pass underneath, highlighting its importance as a maritime thoroughfare. Over the years, various restoration efforts have been undertaken to preserve this historic landmark and ensure its longevity as part of Langarud's cultural heritage.

Kiyakalayah Wetland of Langarud

Located south of Langarud and nestled within the heart of the city's urban landscape, Kiyaka-

layeh Wetland is one of the most scenic and ecologically significant wetlands in Gilan Province. Today, however, due to ongoing urban development and neglect by officials, this precious habitat faces the threat of destruction. Historically, the wetland covered approximately 800 hectares, but it has now been reduced to just 120 hectares.

Kiyakalayah Wetland, with its majestic alder trees, vibrant water lilies, and diverse migratory bird species, offers a captivating natural scenery. It also plays a crucial role as a vital water source for the surrounding rice paddies, supporting local agriculture and biodiversity. The best times to visit this wetland are during spring and early autumn, when the lush landscape is at its most vibrant and picturesque, providing visitors with an unforgettable experience of nature's beauty.

Gilan's coastal wonders

Gilan Province, located along Iran's Caspian Sea coast, is renowned for its lush landscapes, vibrant culture, and diverse ecosystems. This province is characterized by its verdant forests, extensive wetlands, scenic mountains, and tranquil beaches, making it a haven for nature lovers and adventure seekers alike. Gilan Province's temperate climate, especially during spring and early autumn, supports abundant agricultural activities, with rice paddies, tea plantations, and watermelon farms reflecting the region's rich farming tradition. The province's rich natural resources and scenic beauty attract numerous tourists annually, eager to explore its diverse attractions and pristine environments.

Coastal cities showcase the province's multifaceted appeal. These cities boast inviting beaches, natural ecosystems, and historical sites, blending tradition with modernity. Overall, Gilan Province's combination of natural beauty, cultural richness, and unique coastal attractions makes it a compelling destination for travelers seeking both relaxation and adventure along Iran's northern shores.



Chamkhaleh
● almasvila.com