

## World Para Powerlifting Championships:

## Aminzadeh extends superheavyweight dominance with third world title

## Sports Desk

It was another golden day for Iran at the World Para Powerlifting Championships as Ahmad Aminzadeh extended his dominance in the superheavyweight category on the final day of individual competitions in Cairo on Friday.

Reigning Paralympic champion Aminzadeh clinched his third world title with a 260kg lift in his second round and finished nine kilograms ahead of Gustavo Am Melo De Souza from Brazil in the men's over 107kg weight class.

The 34-year-old's victory also ensured that the legacy of the late Iranian legend Siamand Rahman lives on in the superheavyweight category.

"After Paris 2024 Paralympics, I didn't train much as I had some pain in my chest. But I'm happy that I won the gold here. I will go back to Iran, work on my recovery and train harder," said Aminzadeh who suffered an injury in Paris 2024.

"This is the first time I attempted to lift 270kg, but it wasn't meant to be here. I hope I can get it in the next competition."

However, the fight was between

Melo De Souza and Georgia's Paris 2024 bronze medalist Akaki Jintcharadze for the second place as they stayed neck and neck in the second round, both lifting 247 kg.

The final round saw Melo De Souza finishing one kilogram ahead of Jintcharadze (250 kg). In the process, Melo De Souza improved his own Americas record from 236kg to 251kg while Jintcharadze broke the European record of 248kg set at Tbilisi 2024.

Aminzadeh's triumph took Iran's medal haul to five medals in the Elite competition.

Aliakbar Gharibshahi once again proved to be in a league of his own in the men's -107kg event, delivering another world record-breaking performance to claim his third World Championships title on Thursday.

Gharibshahi, also a gold medalist in Paris 2024, displayed an incredible show of strength and determination to break his own world record of 254kg (set in Dubai 2022) by one kilogram with his second lift. He attempted to go further with 260kg only to falter this time and save it



Iran's Ahmad Aminzadeh is pictured during his gold-winning campaign at the World Para Powerlifting Championships in Cairo, Egypt, on October 17, 2025.  
● HIROKI NISHIOKA/WPPO

for later. Two-time Paralympic champion Rouhollah Rostami had to settle for a runner-up finish in the men's -88kg weight

class with a lift of 243kg – one kilogram short of China's Yan Panpan – taking his personal tally at the World Championships to one

gold and four silvers.

Iran's second silver medal came in the men's -72kg class, where Amir Jafari posted 186-193-202

to finish behind Malaysian Bonnie Bunyau Gustin in the total standings.

Aliasghar Abareqi took the bronze in the men's -97kg contest thanks to a best effort of 227kg.

Earlier in the Egyptian capital, Iranians had impressed with nine medals, including a remarkable eight golds, in the Rookie and Next Gen age class at the World Championships.

Atiyeh Sadat Hosseini, 17, made history by winning Iran's maiden women's gold at the world showpiece, triumphing in the -61kg category.

Mani Saeidi (men's -88kg - Next Gen) set a new world record of 172kg to capture the ultimate prize, while Reza Enayatollahi secured double golds in the men's -97kg category – thanks a new Next Gen world record of 195kg, and an overall tally of 383kg.

Hassan Mohammad Hosseinpour claimed the top spot in the Next Gen -80kg class with a 156kg effort, but settled for the total silver with 303kg.

Amirali Es'hagania also enjoyed a double-gold winning campaign in the +107kg event with a 171-336 tally.

## Asian Rowing Championships:

## Iranian duo wins double sculls gold

## Sports Desk

Zeinab Norouzi and Kimia Zarei teamed up to grab the women's lightweight double sculls gold as Iran collected three medals on the first day of the finals at the Asian Rowing Championships in Haiphong, Vietnam, on Saturday. The Iranian pair clocked 7:30.22 minutes to outpace opponents from India, Thailand, Hong Kong, and the host country – a second Asian gold for the female duo following last year's triumph in Samarkand, Uzbekistan.

Iran's second medal in the wom-

en's competitions on Saturday came in the double sculls final, where Mahsa Javer and Fatemeh Mojallali – silver medalists at the Hangzhou Asian Games – settled for a bronze medal, crossing the finish line in 7:22.30 minutes, with teams from Uzbekistan and Vietnam winning the gold and silver respectively.

In the men's lightweight double sculls showdown, Amirhossein Mohammadpour and Amirreza Abdali secured a second bronze medal for the country – courtesy of a time of 6:43.24 minutes – finishing behind gold-winning



Iran's Kimia Zarei (L) and Zeinab Norouzi won the women's lightweight double sculls gold at the Asian Rowing Championships in Haiphong, Vietnam.  
● IRNA

Indian pair and Uzbekistan. Mohammadpour was also a part of the lightweight single sculls final, but finished empty-handed, clocking 7:26.20 minutes to stand sixth.

## World Karate Championships qualifiers:

## Iran's Sadeqi punches Cairo ticket in women's individual kata

## Sports Desk

Iran's Fatemeh Sadeqi secured a spot at the upcoming WKF World Karate Championships – starting November 27 in Cairo – thanks to a top-six finish in the women's individual kata event at the Qualification Tournament in Paris on Friday.

Having beaten opponents from South Korea, Montenegro, and Austria in the pool phase, Sadeqi impressed with a sharp and fluid kata, defeating Chinese Taipei's Chien Hui-Hsuan 40.30 to 38.80 in the knockouts to join Brazil's Gabrielle Henrique, Mexican Yaneth Quiroz Castillo, Sofia Fialkova of Slovakia, Sakura Alforte of the Philippines, and Singapore's Shannon Leong Wai Yee in booking their tickets for the showpiece in the Egyptian capital. The four-time Asian bronze medalist will now be looking to build on her gold-winning campaign at January's Karate 1 Series A event in Tbilisi to chase the first world medal of her illustrious career, which also includes silver medals at the Konya 2021 Islamic Solidarity Games and



Iran's kata practitioner Fatemeh Sadeqi (3rd R) poses with the ticket for the World Karate Championships after securing her spot through the Qualification Tournament in Paris, France, on October 17, 2025.  
● WKF

the 2019 World Beach Games in Doha. In the men's kata event, however, Iran's Mohammad Sadra Shidzi missed out on a place in Cairo after a knockout setback (40.50 to 38.70) against Jure Sluga of Slovenia.

## World Taekwondo Championships:

## Nasiri learns from Baku blues, eyes podium finish in Wuxi

## Sports Desk

Iranian girl Saeideh Nasiri says she has learned from her maiden appearance at the World Taekwondo Championships as she has set her sights on a podium finish at the 27th edition of the sport's international flagship event – starting Friday in Wuxi, China.

Nasiri, 21, was part of the Iranian team in the 2023 edition in Baku, Azerbaijan, but suffered a first-round exit against ultimate silver medalist Kamonchanok Seeken of Thailand in the -46kg weight class.

"My debut at the World Championships was a great learning experience for me, and I'm determined to build on it to deliver top-notch performances in Wuxi and win a medal," Nasiri told Mehr News Agency. The young Iranian has collected numerous medals at various international events over the past couple of years – including a bronze at last year's Asian Championships and a gold at April's WT President's Cup – but the challenge in Wuxi will be on a different level, as it marks the first step on the road to securing a spot at the 2028 Los Angeles Olympics.

The women's -46kg division will feature 56 contestants, with Chinese Taipei's Huang Ying-hsuan and Cota Rican prodigy Jaycee Bassett – ranked first and second respectively in the latest world rankings – among the favorites to walk away with the ultimate prize.



● taekwondo.ir

Nasiri has mixed memories of facing Huang in recent months, having beaten the Chinese Taipei star at February's Fujairah Open before falling to the former world bronze medalist at the World University Games in July.

Bassett, meanwhile, will be looking to improve on her silver medal at the 2024 World Junior Championships, having won a couple of gold medals at President's Cup earlier in the summer.

Turkish world No. 5 Emine Gogebakan and Russian Milana Bekulova, who will compete as a neutral athlete, will be among the -46kg contestants to watch in Wuxi.

Gogebakan won an impressive gold medal at the German Open in September, while Bekulova triumphed at May's WT President's Cup – Europe as well as the Multi European Games in August.

"I'm very familiar with my opponents, as I've competed

against most of them in various tournaments. This edition of the competition features top-tier athletes from countries like Chinese Taipei, South Korea, Japan, and other leading nations, all of whom are formidable competitors," said the world No. 25 Nasiri.

"We've had the benefit of a full year of well-organized training camps dedicated to these World Championships. Our coaching staff has overseen rigorous, high-quality sessions, ensuring the entire team is arriving at the tournament in peak condition, both physically and technically.

"I've put in a tremendous amount of effort for this event and my sole focus is on returning home with a medal. Over the past two years, I've been on a steady path of improvement, and I hope to finally reap the rewards of the hard work put in by myself and the technical staff at this competition."